

KEOSHA “LOVE” DWYER

55 Regent Park Blvd, Toronto, ON ♦ 6478318184 ♦ keosha.dwyer@gmail.com

Professional Profile

Motivated community worker, wellness educator and writer seeking a position where I can promote accessible wellness, build healthier communities and amplify the voices of marginalized folks while being a notable attribute to your organization.

Skills & Completed Training

- Certified Peer Supporter
- Training in Crisis & Mental Health
- Anti-Oppression, Diversity & Equity
- Consent Comes First
- Workshop Facilitator & Educator
- Youth worker & Leadership Coach
- Excellent Communicator and Public Speaker
- Social Media Management & Content Creator
- Diligent Self-starter and Goal-oriented
- Driven Leader, Empath & Mentor

Professional Work Experience

Stella’s Place (Toronto, ON)

Peer Mentor – Community Healing Project

Feb 2019 – Dec 2020

Outreach & Peer Support Worker

Jan 2021 - Present

- Provides 1 on 1 support for youth who experience mental health challenges
- Creates trauma-informed wellness workshops and provides resources to participants
- Facilitated a 12-week program focused on community violence and healing for youth

Prologue Performing Arts – TDSB Creates (Toronto, ON)

Spoken Word & Poetry Mentor

Dec 2019 – Present

- Works with TDSB schools to empower & prepare youth for Prologue’s annual showcase
- Provides arts education & mentorship and teaches students how to express stress creatively
- Works closely with teachers to provide support for youth to grow & excel as successful artists

Bloom Inc. (Toronto, ON)

Diversity, Equity & Inclusion Consultant & Facilitator

June 2020 – 2021

- Provides DEI consultant services to workplaces, corporations and organizations
- Teaches workshops on how to become more equitable, inclusive and accessible in the workplace. Focuses on mental health, intersectionality and anti-Black/Indigenous racism
- Creates safe spaces for employees and employers to unlearn bias and practice allyship

Delta Family Resource Centre (Toronto, ON)

Youth Worker & Community Programming

May 2019 – Feb 2020

- Organizes special projects & after-school programs such as Kujistahi for black youth to thrive, have access to food & learning opportunities.
- Supports clients and black families with resources and tools to excel in their careers
- Works closely with youth as a mentor and facilitates leadership training workshops

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Professional Work Experience Cont.

Nia Centre of the Arts x Voice of Purpose (Toronto, ON)

Creative Lab Mentorship Program

October 2018

- Received extensive arts training on anti-oppression & equity and facilitated the same training and conversations through a 3-day program with high-school students
- Created a safe atmosphere for marginalized youth to thrive as artists
- Put on a huge finale spoken word showcase to display the skills the youth have developed

Ryerson Students' Union (Toronto, ON)

RSU Orientation & Events Coordinator

May 2018 – Sept 2018

- Communicates with potential sponsorships and funders
- Responsible for leading parents and students around campus
- Event planning & hosting for Ryerson's Orientation (frosh week)

VAST at Lord Dufferin Public School (Toronto, ON)

Teacher's Assistant

Jan 2018 – July 2018

- Assisting teachers with supervising and supporting children
- Responsible for marking tests and administrative work
- Responsible for one-on-one academic support and mentorship

Broadview Psychology Clinic (Toronto, ON)

Office Assistant

Feb 2017 – Sept 2017

- Assisting clinicians prepare for group sessions
- Responsible for filing and faxing confidential documents
- Responsible for taking notes and assisting during group sessions and parent orientation

Our Women's Voices (Ontario, Canada)

Founder & Social Media Manager

Sept 2016 – Present

- Built an online platform that amplifies the voices of identifying-women, promotes intersectional feminism and empowers women
- Creates safe spaces and events for women to use their voices and build community
- Facilitates workshops for marginalized women on sexual education, healing and identity

EDUCATION

Ryerson University, Bachelor of Arts, Psychology

Sept 2015 – 2020

AWARDS

Community Award (2019) – *In recognition of the contributions and efforts made towards building and strengthening marginalized communities.*

Volunteer of the Year (2018) – *In recognition of the voluntary hard work and dedication towards helping build schools for local Dominican children.*

References & cover letter available upon request

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To whom it may concern,

My name is Keosha Love and I am interested in applying for a position with your organization. I'm a Ryerson University Graduate with a Bachelor's Degree in Psychology, minor in English. I am an artist, activist, community organizer and educator who uses the intersections of art and wellness to empower women and promote positive mental health in BIPOC communities.

I believe that I would be a great asset to your team because I am a confident leader, an excellent communicator and diligent community worker who is dedicated to making safer spaces for healing and wellness amongst racialized communities. I've had many jobs working directly with people as a mentor, organizer and educator. I have facilitated many workshops in the past centering mental health, self-care, unpacking trauma, transformative justice, creative wellness, racial & gender identity and more. I believe my strong work ethic and extensive experience in community work would make me a valuable addition to your team. I am passionate about low-barrier and accessible mental health resources and center social awareness and social change in all of my work. As a writer and spoken word artist, I have spoken and performed in many universities and across the GTA for several events, such as Ryerson's White Privilege Conference, The Town of Ajax Diversity Conference & Laurier University's Beating The Odds Summit. In April 2019, I was awarded the Community Award for my immense drive towards strengthening marginalized communities and using my voice to advocate for others. Most recently, I wrote and hosted my own mental health series for CBC called Black and Vulnerable.

Lastly, in 2016 I founded my own non-for-profit, *Our Women's Voices*, a platform that amplifies the voices of women through community organizing, arts and education. We host events and workshops in Toronto that inspire women to make social change by using their voice and redefining their stories. I believe working with your team would provide me with the ideal opportunity to assist at your organization and learn valuable life skills. I have attached my resume and I am available to attend an interview when it suits you. Thank you for your consideration.

Sincerely,

Keosha “Love” Dwyer